



POSTER PRESENTATION

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Hospital based palliative care approach to HIV/AIDS; a Nigeria experience

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Background

This study evaluates the role of Hospital Based Palliative Care services in scaling up HIV/AIDS management and reduction of social and self discrimination in HIV/AIDS patients.

Methods

The hospital medical advisory approved a Multidisciplinary team consultation and the inauguration of the HIV/AIDS clinic under the chairmanship of a trained palliative care physician. The clients consult any of the hospital specialist team depending on the needs and these include paediatrician, community physician, pharmacist, social workers, nutritionist, surgeon, internal physician, spiritual leader, obstetrics and gynaecologists.

Results

The clients number increased from six (6) to seventy-five (75) within 3 months. More than two-thousands patients are currently enrolled with 72% on free HAART. A significant success had been recorded in the Prevention of Mother to Child Transmission, drug adherence, home based care and support group.

Discussion

The multidisciplinary team care approach facilitated the upsurge in the number of new cases and an improved confidence in the health care providers. The previous culture of discriminating against the patients by the hospital staff is now replaced by friendship and improved quality of care.

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